

ADZUKI BEAN AND BARLEY SALAD

1/2 cup cooked pot barley
1/2 cup cooked adzuki barley
1 finely diced red pepper
1 finely diced green or yellow pepper
1/2 finely diced red onion or green onions

Dressing

1/4 cup rice wine vinegar
1/4 cup sesame oil
2 Tbsp. soy sauce
2 tsp. garlic chili paste
pepper
2-3 Tbsp. cilantro
1-2 ginger

Mix together dressing and add to salad and let salad marinate in fridge for 1/2 hour or more.