

Orange Dreamsicle Pops

Ingredients :

Food:

- 4-5 Ripe Oranges
- 1 Cup Coconut Milk
- 2 Tbsp Honey or Agave
- 1 tsp Vanilla Extract

Equipment:

- Citrus Juicer
- Popsicle Mold

Instructions :Slice your oranges in half in preparation for juicing. Using your citrus juicer, press your oranges onto the center point, wiggling them around as the juicer spins. Using a rubber spatula or spoon, press the leftover pulp into the sides to collect any extra juice. You can save this pulp for things like smoothies, cakes and other desserts. In a mixing bowl, add coconut milk and honey to your fresh orange juice and stir . Pour mixture into popsicle mold or ice cube tray. Add the handles or sticks and freeze. Remove from freezer and enjoy!

