

STRAWBERRY PEACH BANANZA

10 ice cubes

10 frozen strawberries

milk or water (1/2 can frozen juice concentrate can be added if using water)

1/4 cup sugar or 3 Tbsp. Xagave Natural Sweetener

1 small banana

1 (80 oz.) peach yogurt

Using a good blender like the L'Equip RPM or the Bosch Universal Blender attachment, place strawberries in the blender. Next add the ice. Then add enough milk or water until it is just 1/2 " below the top of the ice. Add sugar, banana, and yogurt. Pulse using the "m" (momentary) switch on the Bosch, 10 times quickly. Then blend on speed 4 until smooth (high speed).

Enjoy!

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