

Smoothie-Tropical (my favorite)



- 8 oz passion fruit juice, orange juice, or apple juice
- 1/2 frozen banana
- 3 frozen strawberries
- 3 frozen pineapple chunks
- 3 frozen mango chunks
- 4 frozen peach slices
- 1 cup frozen yogurt
- 2-3 cups ice

Place all ingredients into the RPM Professional Blender and use the jog button switch to start then bump up to higher speed until well blended (about 30 to 45 sec).