

Whole Wheat Blender Pancakes



Try this healthy & easy alternative for a popular breakfast item.

INGREDIENTS:

- 1 1/2 Cup Milk
- 1 Cup Wheat Berries
- 1/3 Cup Oil
- 2 Eggs
- 1 Tablespoon Honey
- 1 teaspoon Salt
- 1 Tablespoon Baking Powder

INSTRUCTIONS:

1. Place 1C Milk and wheat in Bosch Blender and mix on speed 3 or 4 for 2 min.
2. Add 1/2C Milk and mix for 2 more min.
3. Add Eggs,honey, salt and oil. Blend for 20 seconds.
4. Add Baking powder using the "m" switch till combined.
5. Pour on grill and bake each side about 1 min.

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