

**WHOLESALE FOOD & GRAIN ORDER 2017** Deadline for order and payment: **Tuesday September 5, 2017**Orders can be called in at **778-422-3310**, emailed to **scoopsnatural@gmail.com** or instore at **Scoops Natural Foods**

Payment methods: Cheque, e-transfer or in-store cash or debit

**Scoops Natural Foods, Whippetree Junction**Please make cheques payable to **Scoops Natural Foods** and mail to**Unit 3, 4715 Trans Canada Hwy, Duncan BC V9L6E1****PICK UP LOCATIONS & DATES** – PLEASE STATE PICK UP LOCATION AT TIME OF ORDER**VICTORIA** customers at **Glenwood Meats, Parking Lot, 1245 Parkdale Drive, Langford.****Thurs. September 21st, Fri. September 22nd, Sat. September 23rd 9.30am until 5pm.****COWICHAN VALLEY** customers at **Scoops Natural Foods, Whippetree Junction, Duncan****Saturday September 23rd thru Monday September 25th 10am until 5pm****COURTENAY** customers at **1901 20th St on Saturday September 30th from 2pm to 4pm**

Org. Hard White Wheat 20 Kg (BC)	\$42.00	Org. Shredded Coconut 5kg (Philippines)	\$51.00	Ultra Gel 12 oz	\$14.00
Org. Hard Red Spring Wheat 20 Kg (BC)	\$42.00	Org. Hemp Seeds Hulled 5kg (CDN)	\$133.00	Dutch Cocoa 12% 5 Kg.	\$69.00
Org. Red Fife Wheat (Heritage) 20Kg (BC)	\$45.00	Org. Steel Cut Oats 11.34kg (CDN/USA)	\$40.00	Chia Seeds, white 5Kg.	\$45.00
Org. Soft Wheat 20 Kg (BC)	\$44.00	Skim Milk powder, non-instant, 25 kg.	\$175.00	Tapioca Starch 5kg	\$20.00
Org. Rye 20 kg (BC)	\$47.00	Skim Milk powder, non-instant, 5 kg.	\$40.00	Cornstarch 5kg	\$18.00
Org. Rye 10 kg	\$25.00	Cashews, large pieces, 5 Kg	\$80.00	Antartic Sea Salt Fine, Full Mineral 5kg	\$33.00
Org. Hulled barley 20Kg (BC)	\$52.00	Cashews, whole 5 kg.	\$109.00	Org. Turmeric Root Powder 1kg (India)	\$30.00
Org. Hulled barley 10kg	\$27.00	Whole Unblanched Almonds, 5 kg.	\$82.00	Org. Cinnamon True (Ceylon) - Powder 1kg	\$36.00
Org. Kamut 20 Kg (BC)	\$58.00	Walnuts Halves & pieces, 5 Kg.	\$70.00	Org. Basil 1lb	\$15.00
Org. Kamut 10 Kg	\$30.00	Pecan halves, 5 Kg.	\$159.00	Org. Cayenne Pepper 1lb	\$20.00
Org. Spelt 20 Kg(BC)	\$52.00	Pumpkin Seeds, Raw, 5kg. (China)	\$45.00	Org. Chili Pepper Crushed 1lb	\$19.00
Org. Spelt 10 Kg	\$27.00	Sesame seeds, 5kg.	\$29.00	Org. Chipolte Powder 1lb	\$32.00
Org. Quinoa 11.34 kg. (Peru/Bolivia)	\$77.00	Sunflower Seeds, raw hulled, 5 kg.	\$21.00	Org. Cilantro 1lb	\$27.00
Org. Quinoa 5 kg.	\$40.00	Flax Seed, 5 kg.	\$18.00	Org. Cumin Ground 1lb	\$19.00
Org. Buckwheat Hulled Raw 22.7 Kg (CDN)	\$140.00	Long Brown Rice, 10kg	\$32.00	Org. Dill Weed 1/2lb	\$28.00
Org. Hulled Oats 22.7 kg (BC)	\$50.00	Short Brown Rice, 10 kg.	\$50.00	Org. Fennel Seed 1lb	\$15.00
Org. Hulled Oats 10 kg	\$26.00	White Basmati Rice, 5kg.	\$20.00	Org. Garlic Granules 1lb	\$23.00
Org. Quick Oats, 11.34 kg. (CDN)	\$30.00	Brown Basmati Rice, 5 kg.	\$20.00	Org. Garlic Powder 1lb	\$23.00
Org. Quick Oats, 22.7 kg. (CDN)	\$52.00	Millet 5 kg.	\$20.00	Org. Ginger Ground 1lb	\$19.00
Org. Rolled Oats, lg. flake, 10 kg. (CDN)	\$30.00	Pot Barley 10 kg.	\$26.00	Org. Marjoram Leaves 1/2lb	\$15.00
Org. Rolled Oats, lg. flake, 22.7 k (CDN)	\$52.00	Oat Groats (Conventional) 22.7kg	\$34.00	Org. Mustard Seed Ground Yellow 1lb	\$14.00
Org. Gluten Free Rolled Oats 11.34kg (USA)	\$81.00	Rolled Oats lg. flake 11.34 kg.	\$27.00	Org. Mustard Seed Ground Brown 1lb	\$16.00
Org. Popcorn 11.34 kg. (USA)	\$49.00	Rolled Oats lg. flake 22.7 kg.	\$37.00	Org. Mustard Seed Whole Brown 1lb	\$12.00
Org. Popcorn 5 kg	\$26.00	Quick Oats, 11.34 kg.	\$27.00	Org. Mustard Seed Whole Yellow 1lb	\$12.00
Org. Hulled Millet 11.37 kg. (USA)	\$47.00	Quick Oats 22.7 kg.	\$37.00	Org. Onion Powder 1lb	\$17.00
Org. Hulled Millet 5 kg. (USA)	\$25.00	Multimix- 3 kg. 9 grains (no wheat)	\$38.00	Org. Oregano 1lb	\$24.00
Org. Long Brown Rice 11.34 Kg (USA)	\$69.00	Gluten flour 4 kg.	\$32.00	Org. Paprika 1lb	\$20.00
Org. Long Brown Rice 5 Kg	\$36.00	Saf yeast .454 gr.	\$6.00	Org. Paprika Smoked 1lb	\$23.00
Org. Short Brown Rice 11.34 Kg (USA)	\$61.00	Dough Enhancer .454gr	\$14.00	Org. Parsley 1/2lb	\$17.00
Org. Short Brown Rice 5 Kg (USA)	\$32.00	Pinto Beans 11.34 kg.	\$33.00	Org. Pepper Ground Black 1lb	\$27.00
Org. Basmati White Rice 11.34 kg. (USA)	\$84.00	Small Red Chili Beans 11.34 kg.	\$43.00	Org. Peppercorn Whole Black 1lb	\$24.00
Org. Basmati White Rice 5 kg.	\$43.00	White Navy Beans, 11.34 kg.	\$40.00	Org. Sage Ground 1lb	\$24.00
Org. Pinto beans, 11.34 kg. (USA)	\$60.00	Chick Peas 10kg.	\$47.00	Org. Star Anise Whole 1lb	\$23.00
Org. Black Bean 11.34 kg. (CHINA-PROCERT)	\$45.00	Green Lentils, 10 kg,	\$42.00	Org. Thyme Leaves Whole 1/2lb	\$15.00
Org. Chick Peas 11.34 kg. (USA)	\$61.00	Red Lentils, 10 kg	\$41.00	Org. All Purpose Seasoning "salt free" 1lb	\$18.00
Org. White Navy Beans, 11.34 kg. (USA)	\$78.00	Green Split Peas, 10 kg.	\$26.00	Org. BBQ Rub Seasoning 1lb	\$17.00
Org. Green Lentils, 11.34 kg. (CDN)	\$55.00	Dried Cranberries, 4.54 kg.	\$36.00	Org. Chili Powder 1lb	\$20.00
Org. Red Lentils 11.34 kg (Turkey)	\$75.00	Iranian Pitted dates 10 kg	\$36.00	Org. Garam Masala "salt free" 1lb	\$32.00
Org. Green Split Peas, 11.34 kg. (CDN)	\$40.00	Jumbo Chilean Thomp. raisins, 13 kg.	\$65.00	Org. Greek Seasoning 1lb	\$23.00
Org. Brown Flax 11.34 kg. (CDN)	\$50.00	Coconut, med des. unsweetened, 5 kg.	\$35.00	Org. Italian Seasoning "salt free" 1lb	\$19.00
Org. Brown flax 5kg. (CDN)	\$26.00	Coconut Chips, ribbon, unsweetened 5kg	\$37.00	Org. Lemon Pepper Blend 1lb	\$22.00
Org. Sunflower, raw hulled, 11.34 kg. (USA)	\$81.00	Honey, Unpasteurized clover, 20kg	\$160.00	Org. Pickling Spice 1/2lb	\$15.00
Org. almonds, natural 5kg. (USA)	\$210.00	Honey, Unpasteurized clover, 3kg	\$26.00	Org. Poultry Seasoning "salt free" 1lb	\$19.00
Org. Cashews Pieces 5kg (Turkey)	\$120.00	Molasses 5 Kg, Black Strap	\$22.00	Org. Pumpkin Pie Spice 1lb	\$25.00
Org. Thompson Raisins 13.61 kg (USA)	\$108.00	Chocolate chips, pure, 3 kg	\$29.00	Org. Taco Seasoning 1lb	\$22.00
Org. Turkish Sultanas Raisins, 12.4 kg. (Turkey)	\$83.00	Callebault choc. dark-2.5kg	\$38.00	<b>NOTES:</b> Despite our best efforts, prices are subject to change, in which case you will be advised before we place our final order. <b>All Organics are Non-GMO.</b> <b>All Spices are non-irradiated</b>	
Org. Medjool Dates 5kg (USA)	\$100.00	Callebault choc. milk- 2.5kg	\$40.00		
Org. Unbleached White Flour 10 kg (CDN/USA)	\$39.00	Vegelele 21 oz.	\$15.00		
Org. Fine Spelt Flour (CDN)	\$46.00	Himilayan Crystal Salt - Fine 5kg	\$24.00		
Org. Cane Sugar 5kg (Paraguay)	\$21.00	Himilayan Crystal Salt - Coarse 5kg	\$24.00		

